

# Actions to take "after the shaking has settled down"

## **Gather accurate information**

- Gather accurate information from trustworthy sources such as radio, TV, City Hall, Fire Department, Police, etc.
- Do not become confused by hoaxes or rumors that become widespread in times of disaster.



## Confirm the safety of your neighborhood

- After confirming the safety of your own home, confirm the safety of your neighborhood.
- Pay special attention to households with elderly people, etc., who need special care and actively speak to them.



### Cooperate with rescue activities

- Everyone should work together to provide rescue and relief support for people trapped in collapsed houses or underneath furniture.
- Follow instructions from city hall staff or volunteers from disaster prevention organizations to work safely and effectively together.



### Safety confirmation before evacuation

When evacuation becomes necessary, turn off electric breakers and gas main valves before evacuating in order to prevent secondary disasters like fire, etc.

